

Monday

Macaroni and Cheese **1**
Roasted Broccoli

Daily Salad Bar
Fresh Fruit
Choice of Milk

No School **8**

Indigenous People's Day

Meatloaf (GF) **15**
Mashed Potatoes
Green Beans
Dinner Roll

Daily Salad Bar
Fresh Fruit
Milk

Baked Chicken (GF) **22**
Roasted Butternut Squash
Green Beans
Egg Noodles

Daily Salad Bar
Fresh Fruit
Milk

Chicken or Fish Patty **29**
Cole Slaw
Fries

Daily Salad Bar
Fresh Fruit
Milk

Tuesday

Taco Tuesday (GF) **2**
Hard or Soft Shell
Beef or Black Bean
Refried Beans

Daily Salad Bar
Fresh Fruit
Milk

Chicken or Veggie **9**
Quesadilla
Black Beans
Rice

Daily Salad Bar
Fresh Fruit
Milk

Taco Tuesday (GF) **16**
Hard or Soft Shell
Chicken or Black Bean
Refried Beans

Daily Salad Bar
Fresh Fruit
Milk

Nachos! **23**
Beef or Beans
Pico de Gallo
Queso (Cheese Sauce)

Daily Salad Bar
Fresh Fruit
Milk

Taco Tuesday (GF) **30**
Hard or Soft Shell
Beef or Black Bean
Refried Beans

Daily Salad Bar
Fresh Fruit
Milk

Wednesday

Teriyaki Chicken **3**
Brown Rice
Stir-Fried Veggies (Peppers, Onions,
Edamame, Broccoli, Cauliflower, Carrots)

Daily Salad Bar
Fresh Fruit
Milk

Grilled Cheese **10**
Choice of Corn Chowder
or Tomato Soup (GF)

Daily Salad Bar
Fresh Fruit
Milk

Baked Ham **17**
Mashed Potatoes
Asparagus

Daily Salad Bar
Fresh Fruit
Milk

Chicken Alfredo **24**
Fettuccini Noodles
Steamed Broccoli

Daily Salad Bar
Fresh Fruit
Milk

Turkey a la King **31**
In Toast Cups or with Rice

Daily Salad Bar
Fresh Fruit
Milk

Thursday

American Chop Suey **4**
Roasted Cauliflower
Dinner Roll

Daily Salad Bar
Fresh Fruit
Milk

Shepherd's Pie (GF) **11**
(Beef & Veggie or Vegetarian)

Daily Salad Bar
Fresh Fruit
Milk

Beef Stew or **18**
Cream of Broccoli Soup
Dinner Roll

Daily Salad Bar
Fresh Fruit
Milk

EARLY RELEASE DAY **25**

Beef or Veggie Chili
Cornbread

Daily Salad Bar
Fresh Fruit
Milk

Friday

No School **5**

In-Service

Homemade Pizza **12**
Choose – Pesto, Pepperoni
Or Cheese
Caesar Salad

Daily Salad Bar
Fresh Fruit
Milk

Breakfast for Lunch **19**
Pancakes, Sausage
or Bacon, Scrambled Eggs

Daily Salad Bar
Fresh Fruit
Milk

Homemade Pizza **26**
Choose – Pesto, Pepperoni
Or Cheese
Caesar Salad

Daily Salad Bar
Fresh Fruit
Milk

