

Monday

Mac and Trees
Creamy Macaroni and Cheese
with Steamed Broccoli **2**

Option 2: Sun Butter Jelly Sandwich

Fresh Whole Fruit
Milk

Hamburger or
Veggie Burger
On a Bun
French Fries **9**

Fresh Whole Fruit
Milk

Choice of Cheese or
Pepperoni Pizza Slice
Caesar Salad **16**

Fresh Whole Fruit
Milk

Pancakes
Bacon
Scrambled Eggs **23**

Fresh Whole Fruit
Milk

American Chop Suey
(beef or vegetarian)
Corn and Green Beans
Dinner Roll **30**

Fresh Whole Fruit
Milk

Tuesday

Meatloaf
Mashed Potato
Peas and Corn
Dinner Roll **3**

Option 2: Sun Butter Jelly Sandwich

Fresh Whole Fruit
Milk

Soft Corn Taco
Beef or Black Bean
Salsa / Sour Cream
Rice & Beans **10**

Fresh Whole Fruit
Milk

Chicken or Black Bean
Quesadilla
Salsa / Sour Cream
Rice & Beans **17**

Fresh Whole Fruit
Milk

Grilled Cheese **24**
Choice of Corn Chowder (option 1)
or Tomato Soup (option 2)(GF)

Daily Salad Bar
Fresh Fruit
Choice of Milk

Wednesday

Spaghetti with Sauce
(beef or vegetarian)
Green Beans **4**

Fresh Whole Fruit
Milk

No School
Veteran's Day **11**

Shepherd's Pie
(beef or vegetable)
Peas & Carrots
Dinner Roll
Option 2: Sun Butter Jelly Sandwich **18**

Fresh Whole Fruit
Milk

No School
Thanksgiving Break **25**

Thursday

Chicken or Black Bean
Quesadilla
Salsa / Sour Cream
Rice & Beans **5**

Fresh Whole Fruit
Milk

Teriyaki Chicken
& Rice Bowl
Mixed Veggies
Eggroll **12**

Fresh Whole Fruit
Milk

Soft Corn Taco
Beef or Black Bean
Salsa / Sour Cream
Rice & Beans **19**

Fresh Whole Fruit
Milk

No School
Thanksgiving Break **26**

Friday

Pancakes
Bacon
Scrambled Eggs **6**

Fresh Whole Fruit
Milk

Choice of Cheese or
Pepperoni Pizza Slice
Caesar Salad **13**

Fresh Whole Fruit
Milk

Mac and Trees
Creamy Macaroni and Cheese
with Steamed Broccoli
Option 2: Sun Butter Jelly Sandwich **20**

Fresh Whole Fruit
Milk

No School
Thanksgiving Break **27**



This institution is an equal opportunity provider.

