

# MAY 2019

## Cabot School

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

Chicken Patty or Veggie Burger  
Sweet Potato Tots

**1**

Daily Salad Bar  
Fresh Fruit  
Milk

Meatloaf (GF)  
Mashed Potatoes  
Green Beans  
Dinner Roll

**2**

Daily Salad Bar  
Fresh Fruit  
Milk

Pizza  
Choose – Pesto, Pepperoni  
Or Cheese  
Caesar Salad

**3**

Daily Salad Bar  
Fresh Fruit  
Milk

Baked Chicken (GF)  
Roasted Butternut Squash  
Green Beans  
Egg Noodles

**6**

Daily Salad Bar  
Fresh Fruit  
Milk

Taco Tuesday (GF)  
Hard or Soft Shell  
Beef or Black Bean  
Refried Beans

**7**

Daily Salad Bar  
Fresh Fruit  
Milk

Baked Macaroni & Cheese  
Roasted Broccoli

**8**

Daily Salad Bar  
Fresh Fruit  
Choice of Milk

**Early Release**  
Throwback Thursday!  
Sloppy Joe or Veggie Burger  
Tater Tots

**9**

Daily Salad Bar  
Fresh Fruit

Breakfast for Lunch  
Pancakes, Sausage  
or Bacon, Scrambled Eggs

**10**

Daily Salad Bar  
Fresh Fruit  
Milk

Shepherd's Pie (GF)  
(Beef & Veggie or Vegetarian)  
Dinner Roll

**13**

Daily Salad Bar  
Fresh Fruit  
Milk

Nachos! (GF)  
Beef or Beans  
Pico de Gallo (fresh salsa)  
Queso (Cheese Sauce)

**14**

Daily Salad Bar  
Fresh Fruit  
Milk

Chicken Tenders  
Baked Beans  
Corn Bread Muffins

**15**

Daily Salad Bar  
Fresh Fruit  
Milk

Spaghetti  
Meat Sauce or Marinara  
Roasted Cauliflower

**16**

Daily Salad Bar  
Fresh Fruit  
Milk

Pizza  
Choose – Pesto, Pepperoni  
Or Cheese  
Caesar Salad

**17**

Daily Salad Bar  
Fresh Fruit  
Milk

American Chop Suey  
Roasted Cauliflower  
Dinner Roll

**20**

Daily Salad Bar  
Fresh Fruit  
Milk

Taco Tuesday (GF)  
Hard or Soft Shell  
Beef or Black Bean  
Refried Beans

**21**

Daily Salad Bar  
Fresh Fruit  
Milk

Baked Ham  
Roasted Potatoes  
Asparagus

**22**

Daily Salad Bar  
Fresh Fruit  
Milk

Chicken Alfredo  
Fettuccini Noodles  
Steamed Broccoli

**23**

Daily Salad Bar  
Fresh Fruit  
Milk

Breakfast for Lunch  
French Toast Sticks,  
Sausage or Bacon, Scrambled Eggs

**24**

Daily Salad Bar  
Fresh Fruit  
Milk

**Vacation**  
**Memorial Day**

**27**

Chicken or Veggie  
Quesadilla  
Black Beans & Rice

**28**

Daily Salad Bar  
Fresh Fruit  
Milk

Baked Macaroni & Cheese  
Roasted Broccoli

**29**

Daily Salad Bar  
Fresh Fruit  
Choice of Milk

Teriyaki Chicken  
Brown Rice  
Stir-Fried Veggies (Peppers, Onions,  
Edamame, Broccoli, Cauliflower, Carrots)

**30**

Daily Salad Bar  
Fresh Fruit  
Milk

Pizza  
Choose – Pesto, Pepperoni  
Or Cheese  
Caesar Salad

**31**

Daily Salad Bar  
Fresh Fruit  
Milk