



Monday

Tuesday

Wednesday

Thursday

Friday



**1**  
No School Winter Break

**4**  
Spaghetti with Sauce  
(beef or vegetarian)  
Green Beans  
  
Fresh Whole Fruit  
Milk

**5**  
Chicken or Black Bean  
Quesadilla  
Salsa / Sour Cream  
Rice & Beans  
  
Fresh Whole Fruit  
Milk

**6**  
Pancakes  
Bacon  
Scrambled Eggs  
  
Fresh Whole Fruit  
Milk

**7**  
Meatloaf  
Mashed Potatoes, Corn  
Dinner Roll  
  
Option 2: Sun Butter Jelly Sandwich  
  
Fresh Whole Fruit  
Milk

**8**  
Teriyaki Chicken  
& Rice Bowl  
Mixed Veggies  
Eggroll  
  
Fresh Whole Fruit  
Milk

**11**  
Choice of Cheese or  
Pepperoni Pizza Slice  
Caesar Salad  
  
Fresh Whole Fruit  
Milk

**12**  
Soft Corn Taco  
Beef or Black Bean  
Salsa / Sour Cream  
Rice & Beans  
  
Fresh Whole Fruit  
Milk

**13**  
Mac and Trees  
Creamy Macaroni and Cheese  
with Steamed Broccoli  
  
Option 2: Sun Butter Jelly Sandwich  
  
Fresh Whole Fruit  
Milk

**14**  
Baked Ham  
Roasted Potatoes, Asparagus  
  
Option 2: Sun Butter Jelly Sandwich  
  
Daily Salad Bar  
Fresh Fruit  
Choice of Milk

**15**  
Chicken or Black Bean  
Quesadilla  
Salsa / Sour Cream  
Rice & Beans  
  
Fresh Whole Fruit  
Milk

**18**  
No School  
Teacher In-Service

**19**  
Grilled Cheese  
Choice of Corn Chowder (option 1)  
or Tomato Soup (option 2)(GF)  
  
Daily Salad Bar  
Fresh Fruit  
Choice of Milk

**20**  
American Chop Suey  
(beef or vegetarian)  
Green Beans  
Dinner Roll  
  
Fresh Whole Fruit  
Milk

**21**  
Hamburger or  
Veggie Burger  
On a Bun  
French Fries  
  
Fresh Whole Fruit  
Milk

**22**  
Mac and Trees  
Creamy Macaroni and Cheese  
with Steamed Broccoli  
  
Option 2: Sun Butter Jelly Sandwich  
  
Fresh Whole Fruit  
Milk

**25**  
Pulled Pork Sandwich or  
Chicken Tenders  
Coleslaw  
Cornbread & Baked Beans  
  
Daily Salad Bar  
Fresh Fruit  
Choice of Milk

**26**  
Chicken Parmesan  
With Noodles and Marinara  
Summer Squash  
  
Daily Salad Bar  
Fresh Fruit  
Choice of Milk

**27**  
Shepherd's Pie  
(beef or vegetable)  
Peas & Carrots  
Dinner Roll  
  
Option 2: Sun Butter Jelly Sandwich  
  
Fresh Whole Fruit  
Milk

**28**  
Choice of Cheese or  
Pepperoni Pizza Slice  
Caesar Salad  
  
Fresh Whole Fruit  
Milk

**29**  
Soft Corn Taco  
Beef or Black Bean  
Salsa / Sour Cream  
Rice & Beans  
  
Fresh Whole Fruit  
Milk

